

BIBLE STUDY COMPANION

God wants to transform the soil of your soul into a fertile garden for Him and it begins NOW! Dig deep, Stand Firm and Grow in the Grace of Jesus today.

HOW TO DIG DEEP

Just as a seed gives life, so does the Word of God make things grow. It is the very power through which the Kingdom of God takes root within us. Have you seen a tree with deep roots? It can withstand any storm because it has a firm foundation. When our hearts are fertile soil, we can receive from the Lord and in being “rooted” in Him, we will be able to withstand any storm.



SOW:

Begin by reading scripture. You can also physically jot down verses that catch your attention. Reading scripture aloud is another great way to attentively participate in the reflection.



CULTIVATE:

It is important we frequently pause to reflect what the Word of God is speaking to us. Is it pointing to some area that needs comfort, conviction or correction? What is God telling me today? How do I feel when I place myself in the character or the narrative of the scripture being reflected?



GROW:

We read and we reflect, but we grow when we ask ourselves “How will I respond to this Truth?” “What changes do I need to make? Is the reaction that I need to take?” Faith in the Word of God will always result in action and change.

ROUTINE IS EVERYTHING

A little bit of discipline goes a long way to seeing transformation and freedom that we desperately desire for our lives. So before we get started, it is important that we are intentional about learning the Word of God. Here are a few things to keep in mind.

Place

Have a designated place to do your study! If you are a morning person, brew a cup of warm coffee, grab your Bible, Journal, stationary and get to a cozy spot. Take a deep breath, and listen to the sounds of nature as the sun begins to rise. If you're not a morning person, pick a time that best speaks to you. The most important thing to keep in mind is that we give God our best. Keep your phone away. Come excited. God is waiting for you.

Pause

Make the time! We are all busy and we have so many things to do, but it's time to start making what we say is a priority*actually* a priority. Mark those calendars, set your timers and be realistic of the time you have allocated.

Pen

A notebook or journal is a great way to learn. It is so important to write things down, so you can remember and reflect. Write down your thoughts, questions, prayers, and whatever else comes to mind. Over the months, you can look back and savor these moments and see how Jesus was so real and alive with you.

Pray

Invite the Holy Spirit in. Let Him be your teacher. Begin with a prayer laying down all that's on your heart. You can even write down your prayer to God. Your Father in Heaven wants to hear from you. Ask Him to use this study to reshape your heart. Ask Him to soften your heart to listen, receive, and obey His Word.

Ok looks like you're all set!

Check out the Bible Reflections under the Resources section at www.michelledsilva.com and let's get digging!